## Degreening Difficult-to-Degreen Citrus Fruit:

## Can it be done?

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### Why is Degreening Necessary?

- Consumers associate green citrus fruit with immaturity (poor quality)
- Fruit color is due to the interaction of chlorophyll (green) and carotenoid (red – yellow) pigments
- Color change in the field is stimulated when nighttime temperatures drop below 55F

## Pre-harvest Factors Against Degreening

- Warm weather
  - particularly warm nights
  - Regreening in the Spring
- Factors that promote vigorous growth
  - high rainfall
  - high nutrient levels (esp. N & K)
- Field oil sprays
- Peel oil (e.g., from brushing)
- Some scale insects (e.g., chaff & purple scale)

# The Goal

- Remove chlorophyll (green pigment)
- Promote carotenoids (yellow-orange pigments)
- Temperature optimums are different for chlorophyll & carotenoids
- Degreening does not affect internal quality of the fruit



Figure 2.-Effect of temperature and ethylene on the color of post-harvest 'Temple' fruit.

#### **Recommended Degreening Conditions**

FloridaTemperature $28 \text{ to } 29^{\circ}\text{C} (82 \text{ to } 85^{\circ}\text{F})$ Ethylene5 ppmHumidity90 to 96%Ventilation (keep below  $0.1\% \text{ CO}_2$ )1 air change per hourAir Circulation100 CFM per 900 lb. bin(CFM = cubic feet per minute)100 CFM per 900 lb. bin



- The warm and humid conditions
  experienced
  during degreening
  promotes decay
- Ethylene stimulates growth of some decay pathogens, such as Diplodia and Anthracnose



 Temperatures too high – above 85F, slows rate of chlorophyll degradation, and increases fruit metabolism, decay, and breakdown



Grierson & Newhall, 1953

### **Temperature**



Fig. 3.—Effect of temperature on rate of degreening of Hamlin oranges. Adapted from Grierson and Newhall (23).



• Ethylene and warm conditions promote tissue senescence.



- Temperatures too high above 85F, slows rate of chlorophyll degradation, but increases fruit metabolism, decay, and breakdown
- Poor ventilation & air circulation = uneven temperature distribution and local buildups of CO<sub>2</sub> in the room
  - Both = uneven color development



## Ventilation

- Removes waste gasses (e.g., CO<sub>2</sub> and possibly peel oil vapor)
  - -1% CO<sub>2</sub> can about stop degreening
- Continuous ventilation is better than periodically opening the room
- Excessive ventilation wastes ethylene and (when used) heating

- Poor air circulation = uneven temperature distribution and local buildups of CO<sub>2</sub> in the room
  - Both = uneven color development



- Temperatures too high above 85F, slows rate of chlorophyll degradation, but increases fruit metabolism, decay, and breakdown
- Poor ventilation & air circulation = uneven temperature distribution and local buildups of CO<sub>2</sub> in the room
  - Both = uneven color development
- Too much water in the rooms fruit stays wet = slower degreening & increased decay pressure
  - Ethylene is not very soluble in water

# Use of LED Lights

Dr. LiLi Deng

- Fruit first dipped for 1 min in 1,000 ppm ethephon (releases ethylene)
- Blue LED light significantly improved coloration (hue & a/b)
  - Yes: grapefruit, Nov-harvested
  - No: Fallglo, Navel, or grapefruit harvest in Dec
- Red LED light had no effect
- Neither affected internal quality





∆Hue

#### Effect of cold shock on peel color

Dr. Suming Dai



Cold shock resulted in better peel color than the commercial control after 4 days degreening



**32°F cold shock 70 F degreening** 



no shock 85 F degreening

#### **Cold Shock Effects Influenced by 3 Factors**

- Degreening temperature
  - Cold shock was not effective when the fruit were degreened at the normal 85F



Degreened at 70F

#### **Degreened at 85F**

Dr. Suming Dai

#### **Cold Shock Effects Influenced by 3 Factors**

- Degreening temperature
- Cold Shock temperature



Dr. Suming Dai

#### **Cold Shock Effects Influenced by 3 Factors**

- Degreening temperature
- Cold Shock temperature
- Preharvest field temperatures
  - Cold shock eventually enhanced fruit color development on Vernia fruit harvested in Dec
  - No cold shock benefit in January after cold temps in the field





Fruit from second harvest experienced cold shock in the field

Dr. Suming Dai

# Conclusions

- Depending on citrus variety, degreening at cooler temperatures can improve final color
- A 15 hr, pre-degreening cold shock (32F) could improve final peel color of 'Vernia'
  - Only worked when degreening at 70F, not at 85F
  - No benefit after natural cold temperatures in the field
  - Even after 6 days degreening, color was still not great

# **Thank You!**

For more information,
 visit the UF Postharvest Website

http://irrec.ifas.ufl.edu/postharvest/