Example Fish Nutrition Quiz:

Multiple Choice: Choose the best answer to each question.

1. Poikilothermic animals may be best described by which of the following terms?
   a. warm-blooded
   b. cold-blooded
   c. temperature sensitive
   d. tolerant of extreme temperature changes
   e. extremeophiles

2. Fish have larval and adult stages. How does this contribute to our understanding of their dietary needs?
   a. Fish’s dietary needs change greatly with changing life stages.
   b. Fish always need the same amount of dietary nutrition.
   c. Fish need much less protein than terrestrial animals need.
   d. Fish must watch what they eat or they will grow too big.
   e. Fish should be fed as often as you think is needed to remain healthy.

3. Which of the following is an acceptable definition for nutrition?
   a. The provision of all indispensable nutrients in adequate amounts to insure proper growth and maintenance of body functions.
   b. Involves various chemical reactions and physiological transformations which convert foods into body tissues and activities.
   c. Involves ingestion, digestion and absorption of various nutrients, transport into cells, and removal of unused elements and waste products of metabolism.
   d. All of the above are useful definitions.
   e. None of the above.

4. What became a defining reason for studying fish nutrition and its effects in the early part of the 20th century until today?
   a. Fish are great to look at so we need to feed them good food.
   b. Fish need constant dietary monitoring, or they will get too fat.
   c. Fish is good for you to eat an can alleviate several major health risk factors.
   d. Fish nutrition is just cool.
   e. Understanding fish nutrition can help us grow more fish.