



# Respiration Internal & Environmental Factors



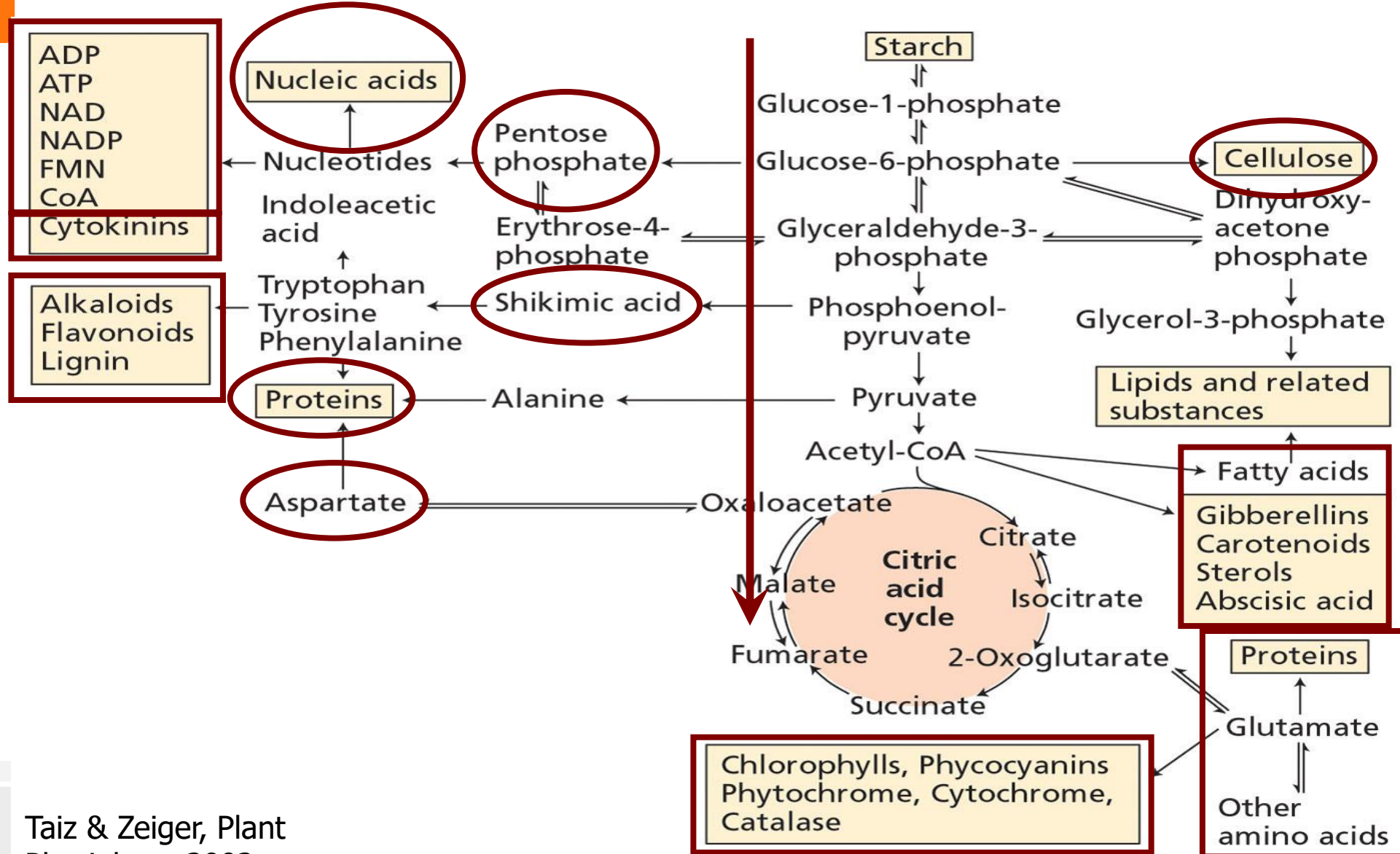
Mark Ritenour


Indian River Research and Education Center, Fort Pierce

Jeff Brecht

Horticultural Science Department, Gainesville

# Respiration is tied to many metabolic processes within a cell





# Respiration is tied to many metabolic process within a cell

- Thus:
  - It is an accurate indicator of the general metabolic state of a cell
  - The rate of respiration is influenced by many internal and external factors that affect general metabolism



# Internal Factors

- Genotype of a commodity
- Type of plant part
- Stage of development at harvest
- Respiratory substrate
- Preharvest factors



# Internal Factors

- Genotype of a commodity
  - Between different commodities and within different cultivars of a single species
- Type of plant part
  - E.g. storage organs (potato) have low rates while developing meristems (broccoli) have high rates

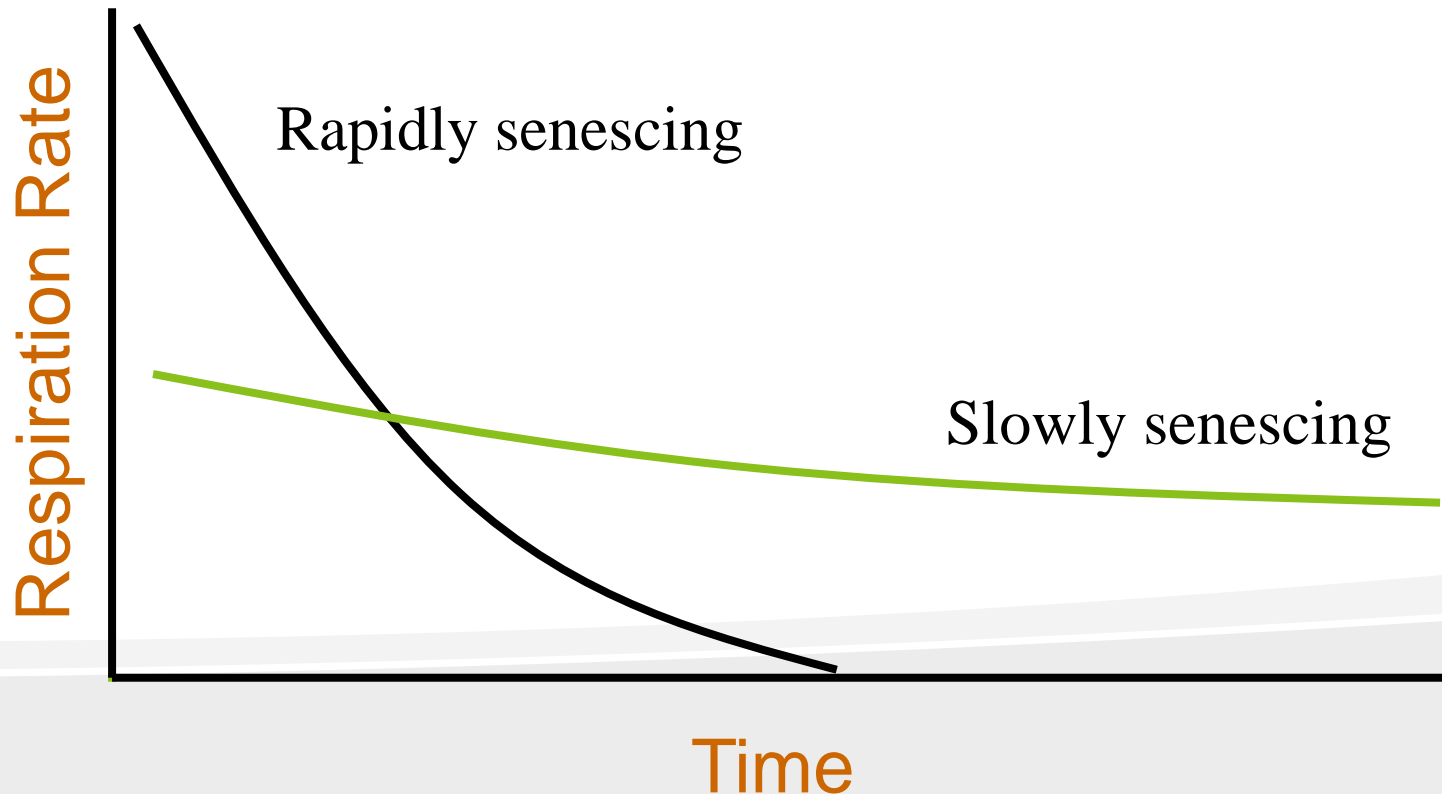




Class	(mg CO <sub>2</sub> /kg-hr) at 5 °C (41 °F)	Commodities
Very Low	< 5	Dates, dried fruits and vegetables, nuts
Low	5 - 10	Apple, beet, celery, citrus fruits, cranberry, garlic, grape, honeydew melon, kiwifruit, onion, papaya, persimmon, pineapple, potato (mature), sweet potato, watermelon
Moderate	10 - 20	Apricot, banana, blueberry, cabbage, cantaloupe, carrot (topped), celeriac, cherry, cucumber, fig, gooseberry, lettuce (head), mango, nectarine, olive, peach, pear, plum, potato (immature), radish (topped), summer squash, tomato
High	20 - 40	Avocado, blackberry, carrot (with tops), cauliflower, leeks, lettuce (leaf), lima bean, radish (with tops), raspberry
Very High	40 - 60	Artichoke, bean sprouts, broccoli, Brussels sprouts, cut flowers, endive, green onions, kale, okra, snap bean, watercress
Extremely High	> 60	Asparagus, mushroom, parsley, peas, spinach, sweet corn

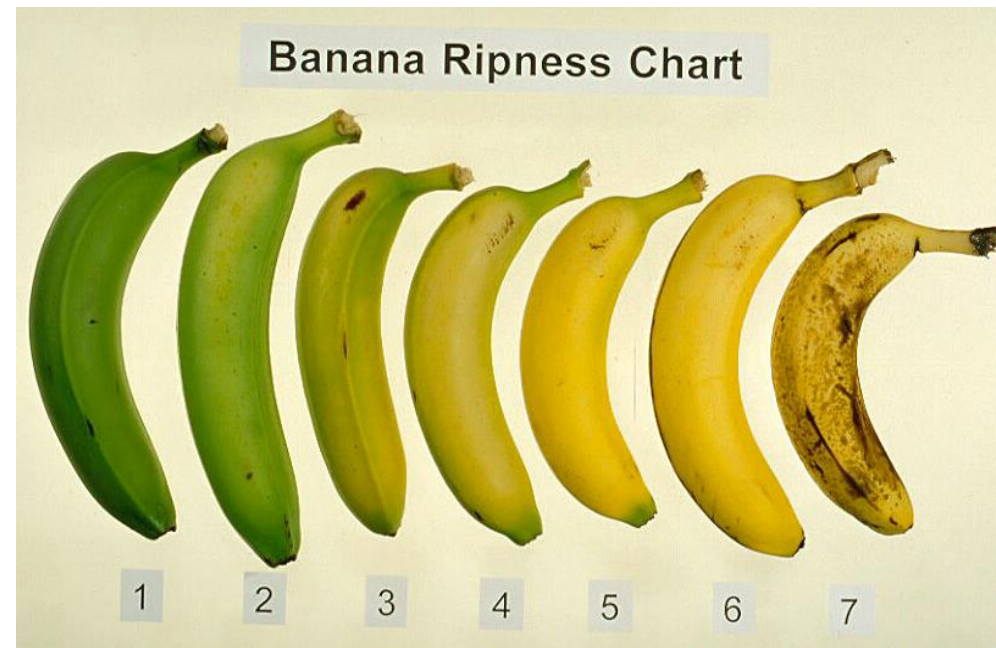
# Internal Factors

- Stage of development at harvest
  - Maturing plant organs usually have declining rates of respiration



# Climacteric Commodities

- Have a “ripening phase” (e.g. soften, become sweeter & less acidic, develop characteristic aromas, etc.).

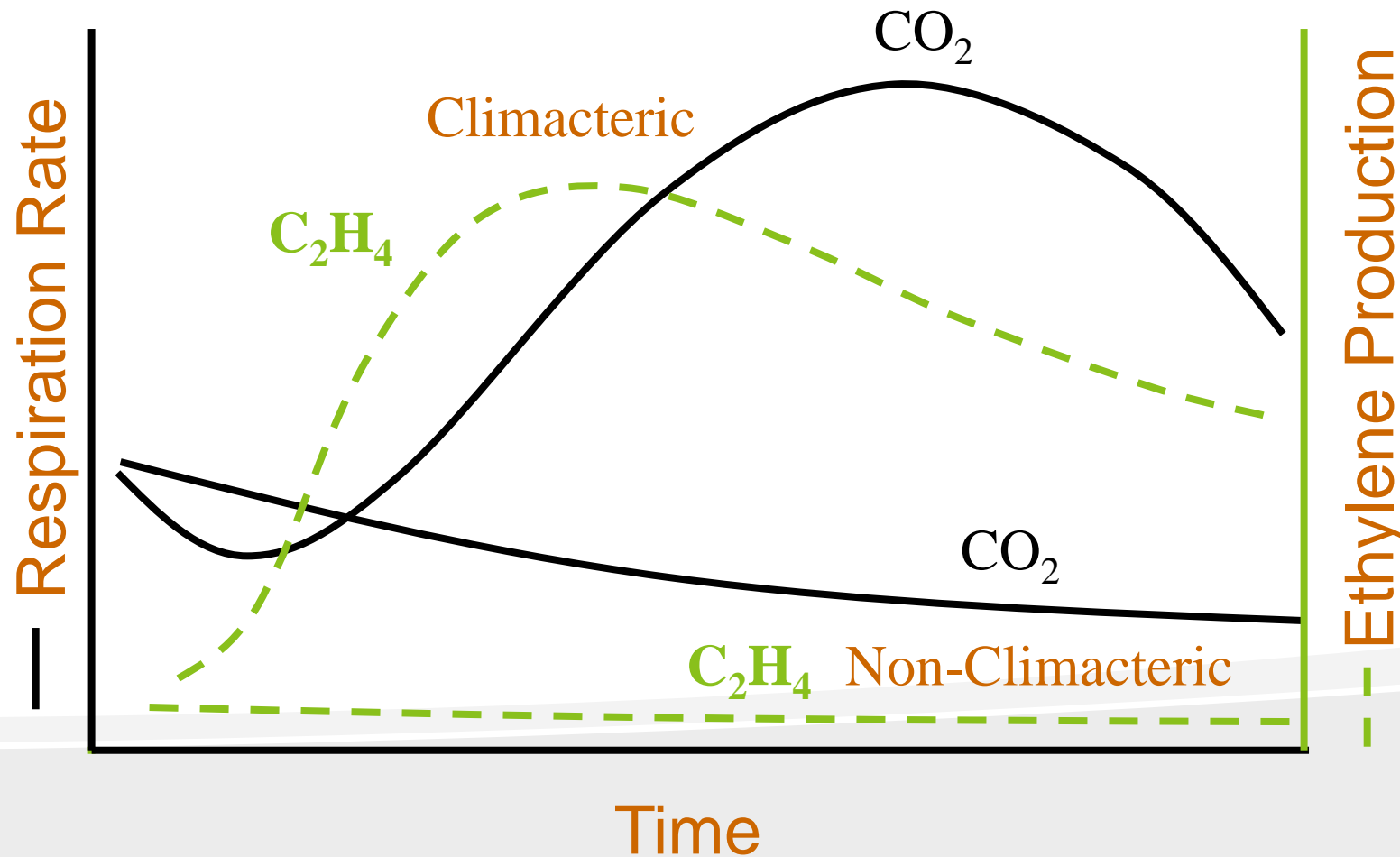


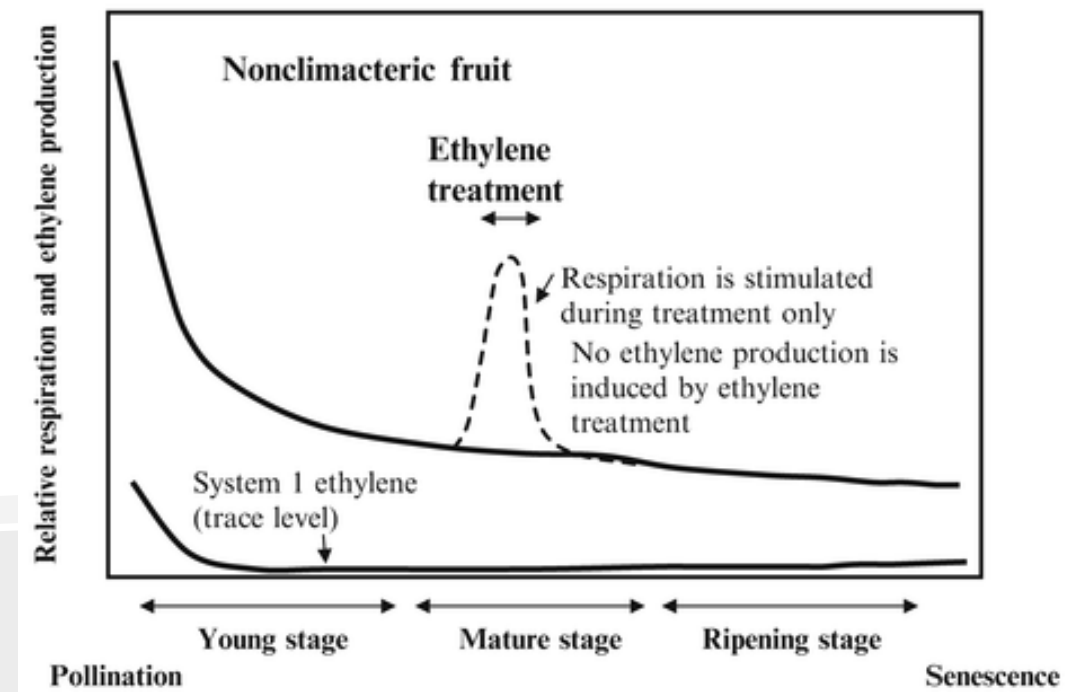
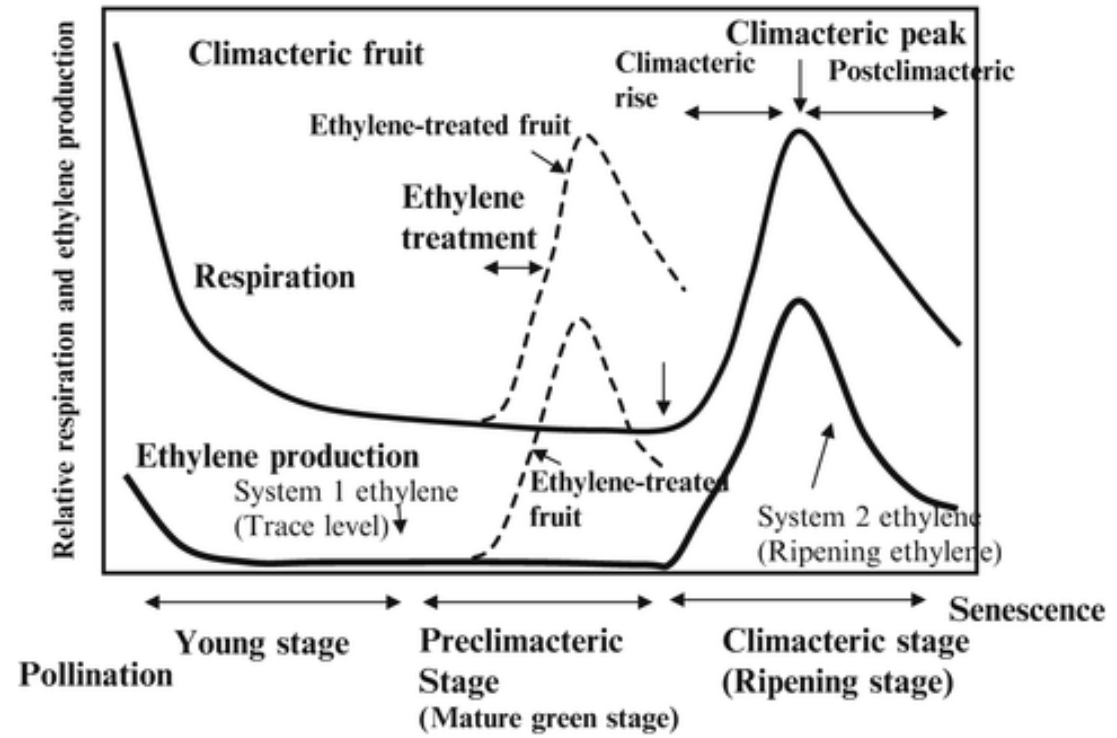
Pictures courtesy Adel Kader and Marita Cantwell, UC Davis



# Climacteric Commodities

- Have increased respiration & ethylene production during ripening

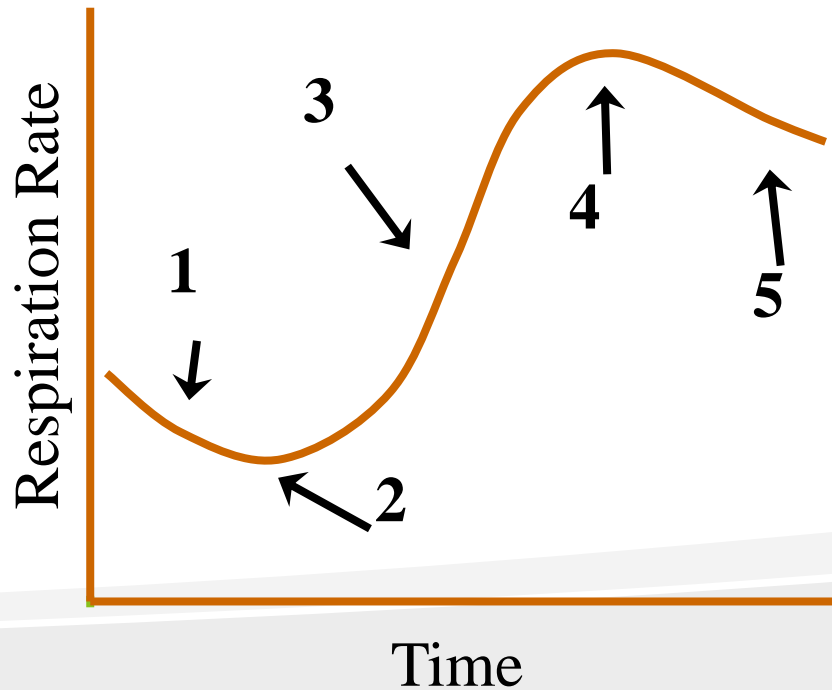


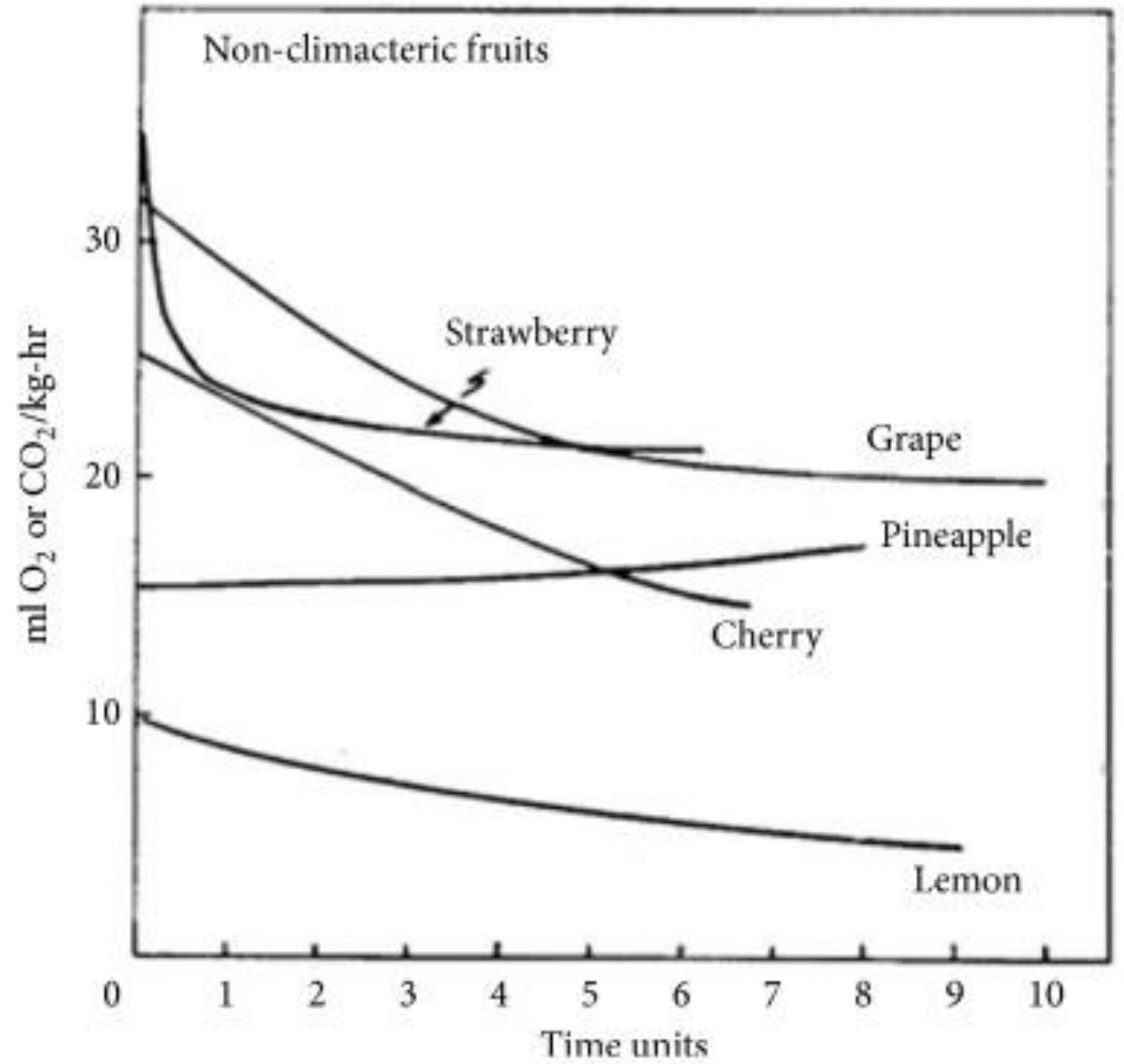
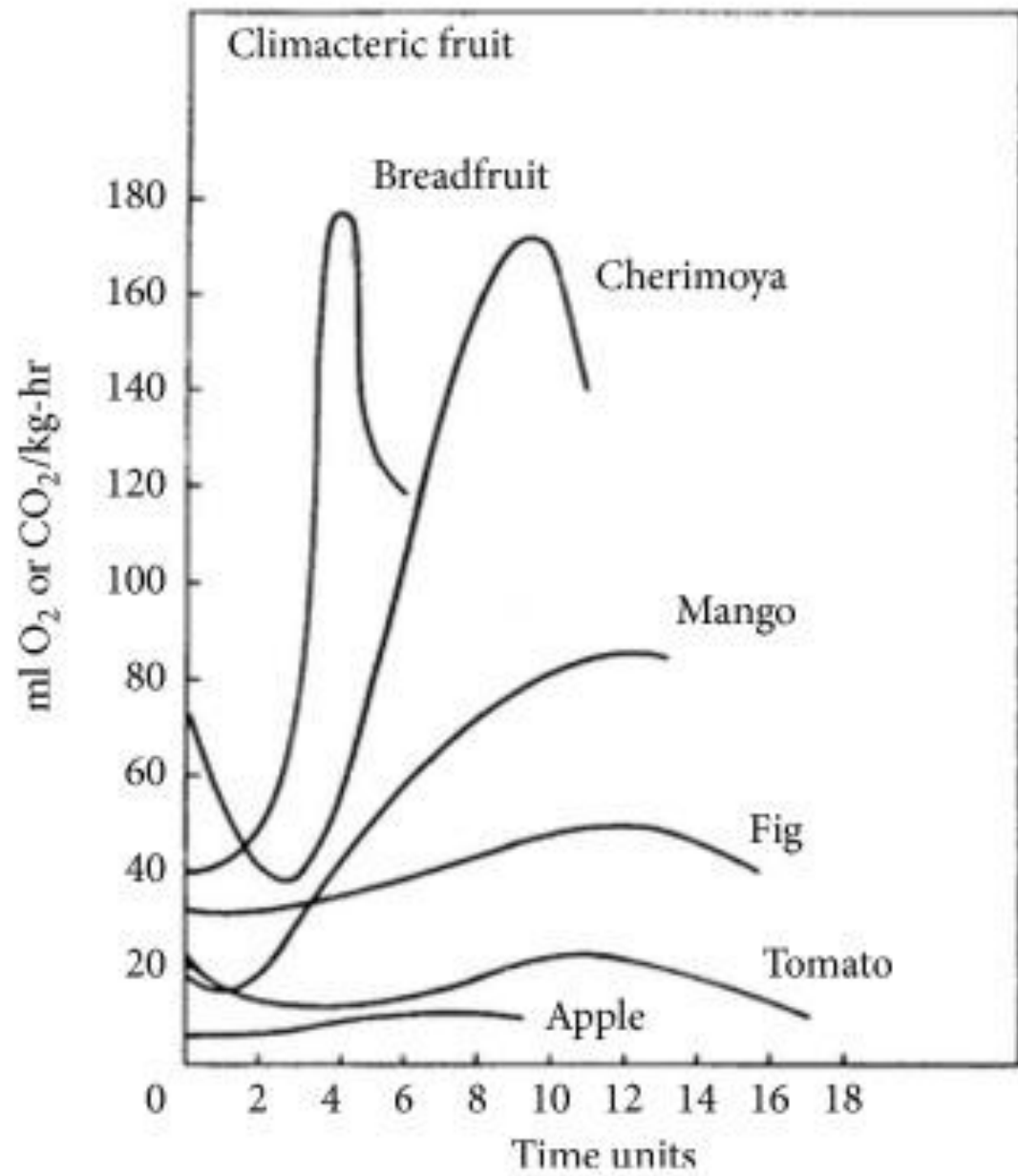


Kubo Y. (2015) Ethylene, Oxygen, Carbon Dioxide, and Temperature in Postharvest Physiology. In: Kanayama Y., Kochetov A. (eds) Abiotic Stress Biology in Horticultural Plants. Springer, Tokyo.  
[https://doi.org/10.1007/978-4-431-55251-2\\_2](https://doi.org/10.1007/978-4-431-55251-2_2)

# Phases of the Climacteric

- 1) The preclimacteric
- 2) The preclimacteric minimum
- 3) The climacteric rise
- 4) The climacteric peak
- 5) The postclimacteric phase







# Climacteric

- Apple
- Apricot
- Avocado
- Banana
- Blueberry
- Breadfruit
- Broccoli
- Carnation
- Cherimoya
- Feijoa
- Fig
- Guava
- Jackfruit
- Kiwifruit
- Mango
- Muskmelon
- Nectarine
- Papaya
- Passion Fruit
- Peach
- Pear
- Persimmon
- Plum
- Quince
- Rambutan
- Sapodilla
- Sapote
- Soursop
- Tomato

# Non-Climacteric

- Cacao
- Carambola
- Cherry
- Cucumber
- Grape
- Grapefruit
- Lemon
- Lime
- Longan
- Loquat
- Lychee
- Olive
- Orange
- Pepper
- Pineapple
- Pomegranate
- Strawberry
- Tamarillo
- Watermelon



# Internal Factors

- **Respiratory Substrate** – carbohydrates, lipids, and organic acids

$$\text{Respiratory quotient (RQ)} = \frac{[\text{CO}_2] \text{ evolved}}{[\text{O}_2] \text{ consumed}}$$

- [ ] indicates moles of each
- RQ range from 0.7 to 1.3 for aerobic (with O<sub>2</sub>) respiration
- RQ is much greater if tissue goes into anaerobic (without O<sub>2</sub>) respiration



# Internal Factors

- Respiratory quotient (RQ) indicates when the cell utilizes different types of substrates for respiration
  - Carbohydrates:  $RQ = 1$
  - Lipids:  $RQ < 1$
  - Organic Acids:  $RQ > 1$



# Internal Factors

- Preharvest factors such as:
  - Plant nutrition
    - e.g. nitrogen & calcium
  - Water supply
  - Pruning, training and thinning
  - Insect & Pathogen pressures
  - Climate and weather patterns
    - Temperature
    - Humidity
    - Wind
    - Light intensity, etc.





# Environmental Factors

- Temperature
- Atmospheric composition
  - Oxygen concentration
  - Carbon dioxide concentration
  - Ethylene
- Physical stresses
- Pathogen attack
- Other plant growth regulators
- Radiation
- Light
- Chemical stress
- Water stress



# Respiration and Shelf Life

- Respiration rate is inversely related to shelf life

Higher respiration =>

=> Shorter Shelf Life



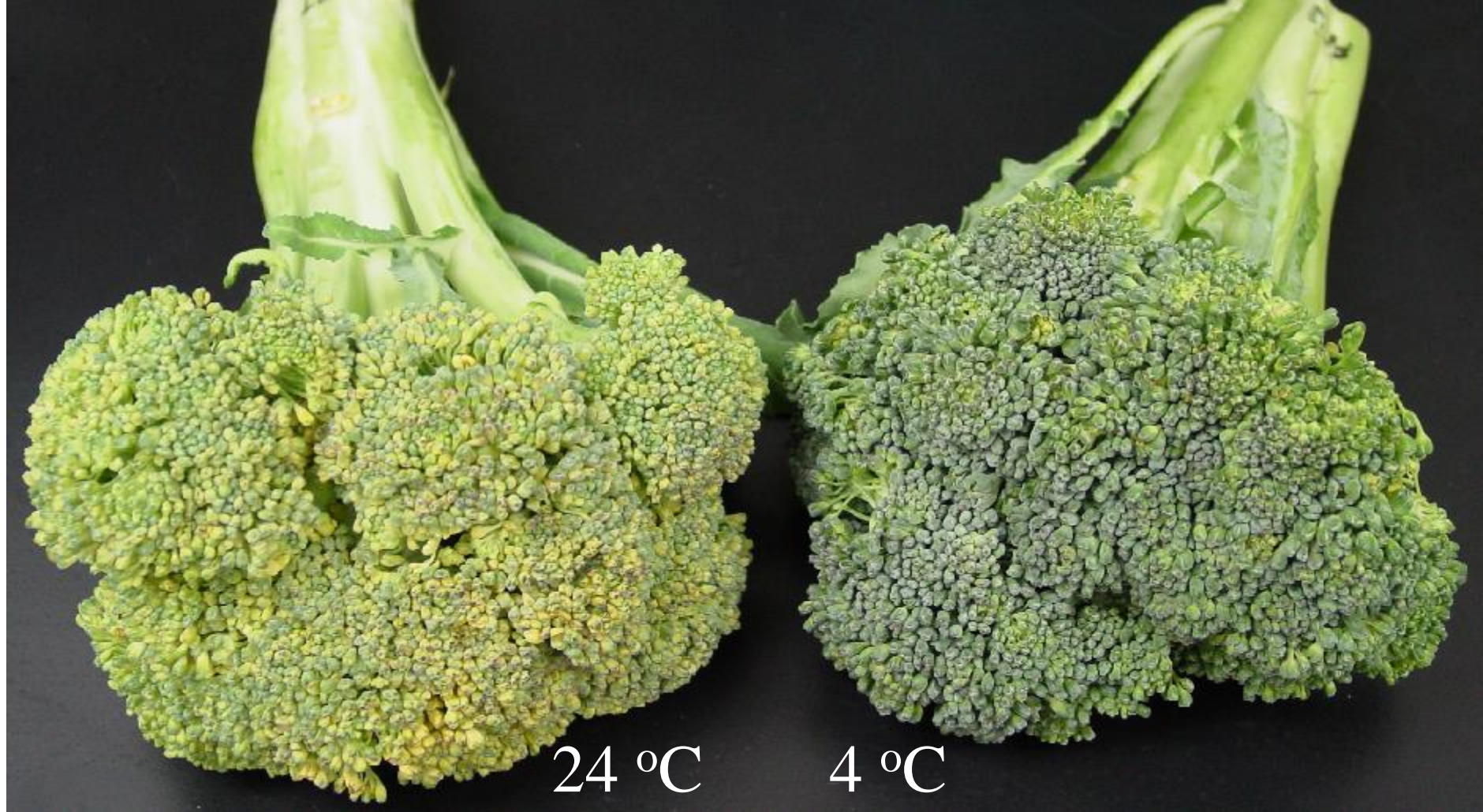
# Environmental Factors

## Temperature

- Temperature is the most important factor influencing postharvest life of a given commodity
  - Dictates the speed of chemical reactions (including respiration)
- Typically, for every 10 °C (18 °F) increase, respiration increases between 2 and 4 fold ( $Q_{10}$  or Van't Hoff Rule)







Affect of temperature on the quality of broccoli after just 48 h of storage at either room temperature (24°C; 75°F) or in the refrigerator (4°C; 40°F)



# Temperature Coefficient ( $Q_{10}$ )

$$Q_{10} = \left( \frac{R_2}{R_1} \right)^{\left( \frac{10}{T_2 - T_1} \right)}$$

$R_1$  = rate of reaction at temperature 1 ( $T_1$ )

$R_2$  = rate of reaction at temperature 2 ( $T_2$ )

Temperatures are in  $^{\circ}\text{C}$

With a 10  $^{\circ}\text{C}$  Change in temperature =>

$$Q_{10} = \frac{R_2}{R_1}$$



# Typical $Q_{10}$ Values

Temperature Range (°C)	$Q_{10}$
0 – 10	2.5 – 4.0
10 – 20	2.0 – 2.5
20 – 30	1.5 – 2.0
30 – 40	1.0 – 1.5



# Temperature effects on shelf-life

Temperature °C (°F)	$Q_{10}$	Deterioration	Shelf-Life
0 (32)		1	100
10 (50)	3	3	33
20 (68)	2.5	7.5	13
30 (86)	2	15	7
40 (104)	1.5	22.5	4

E.g. grapes at  
32C (90F) for 1 h = 1 day at 4C (39F) = 1 week at 0C (32F)



# Example of Calculating The $Q_{10}$

- Say there is a new variety of Grapefruit
- Researchers have determined the following respiration rates at different temperatures:
  - 5 mg CO<sub>2</sub>/kg-hr at 0C (32F)
  - 10 mg CO<sub>2</sub>/kg-hr at 5C (41F)
  - 15 mg CO<sub>2</sub>/kg-hr at 10C (50F)
  - 30 mg CO<sub>2</sub>/kg-hr at 20C (68F)
  - 45 mg CO<sub>2</sub>/kg-hr at 30C (86F)
  - 55 mg CO<sub>2</sub>/kg-hr at 35C (95F)





# Example of Calculating The $Q_{10}$

- How much additional shelf life would a packinghouse manager expect if they held fruit at 10°C (50°F) compared to 30°C (86°F)?
- First, determine  $Q_{10}$  between 10 & 20°C, and between 20 & 30°C

$$Q_{10} = \left( \frac{R_2}{R_1} \right)^{\left( \frac{10}{T_2 - T_1} \right)}$$

If  $T_2 - T_1 = 10$   
Then  $Q_{10} = \frac{R_2}{R_1}$



# Example of Calculating The $Q_{10}$

- First, determine  $Q_{10}$  between 10 & 20C

–15 mg  $\text{CO}_2$ /kg-hr =  $R_1$

• 10C =  $T_1$

–30 mg  $\text{CO}_2$ /kg-hr =  $R_2$

• 20C =  $T_2$

$$Q_{10} = \left( \frac{30}{15} \right)^{\left( \frac{10}{20-10} \right)}$$

$$Q_{10} = \left( 2 \right)^{\left( \frac{10}{10} \right)} = 2^1 = 2$$



# Example of Calculating The $Q_{10}$

- Determine  $Q_{10}$  between 20 & 30C

– 30 mg  $\text{CO}_2$ /kg-hr =  $R_1$

– 20C =  $T_1$

– 45 mg  $\text{CO}_2$ /kg-hr =  $R_2$

– 30C =  $T_2$

$$Q_{10} = \left( \frac{45}{30} \right)^{\left( \frac{10}{30-20} \right)}$$

$$Q_{10} = \left( 1.5 \right)^{\left( \frac{10}{10} \right)} = 1.5^1 = 1.5$$





# Calculated $Q_{10}$ Values for the new grapefruit variety

Temperature Range ( $^{\circ}\text{C}$ )	$Q_{10}$
0 – 10	(you calculate)
10 – 20	2
20 – 30	1.5



# Temperature effects on shelf-life

Temperature (°C)	$Q_{10}$	Shelf-Life
0		
10	3	30
20	2	15
30	1.5	10

Thus, 10 day at 30C = 15 days at 20C = 30 days at 10C





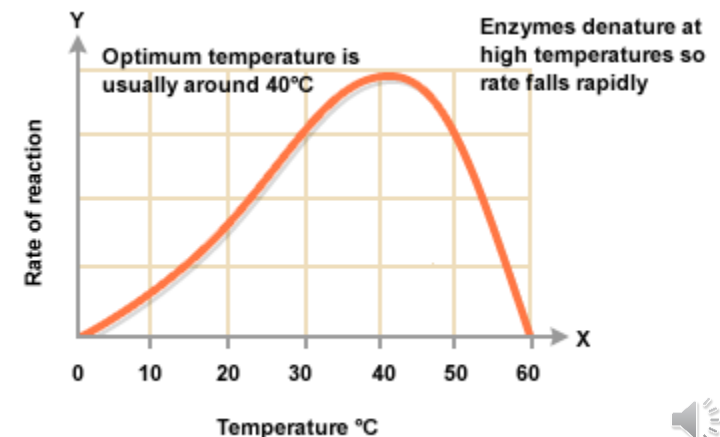
# Low Temperature Injury

- **Freezing** will kill the tissue
- **Chilling** sensitive commodities
  - $Q_{10}$  is usually much higher at chilling temperatures. In some commodities, respiration may increase at the lowest chilling temperatures
  - Upon return to non-chilling temperatures, respiration becomes abnormally high and may remain high



# High Temperature Injury

- Respiration increase as temperature increases to a point
  - Above that point (tissue & commodity specific) protein denatures and respiration declines rapidly
- Time x Temperature component to thermal cell death
  - Cells can survive short periods at high temperatures (used for some quarantine treatments)



# High Temperature Injury

- Heat shock (brief exposure to high, non-lethal temperatures) can protect cells from subsequent high or low temperature stress
  - Induce the production of **heat-shock proteins**
  - Turns on the **antioxidant defense system** that counters reactive oxygen species (ROS) that can damage cellular components



# Atmospheric Concentration

## Oxygen

- Low  $O_2$  concentrations reduce respiration.
  - Below ~2-3%  $O_2$ , ETS starts to be inhibited
- If metabolic (ATP) demand is higher than inhibited Krebs cycle and ETS can supply, anaerobic respiration will attempt to satisfy ATP demand
  - Anaerobic respiration only produces 2 ATP per glucose vs. 30 ATP under aerobic respiration = 15 fold greater ATP production under aerobic conditions
  - $CO_2$  production is faster under anaerobic respiration (at least 15-fold higher!)



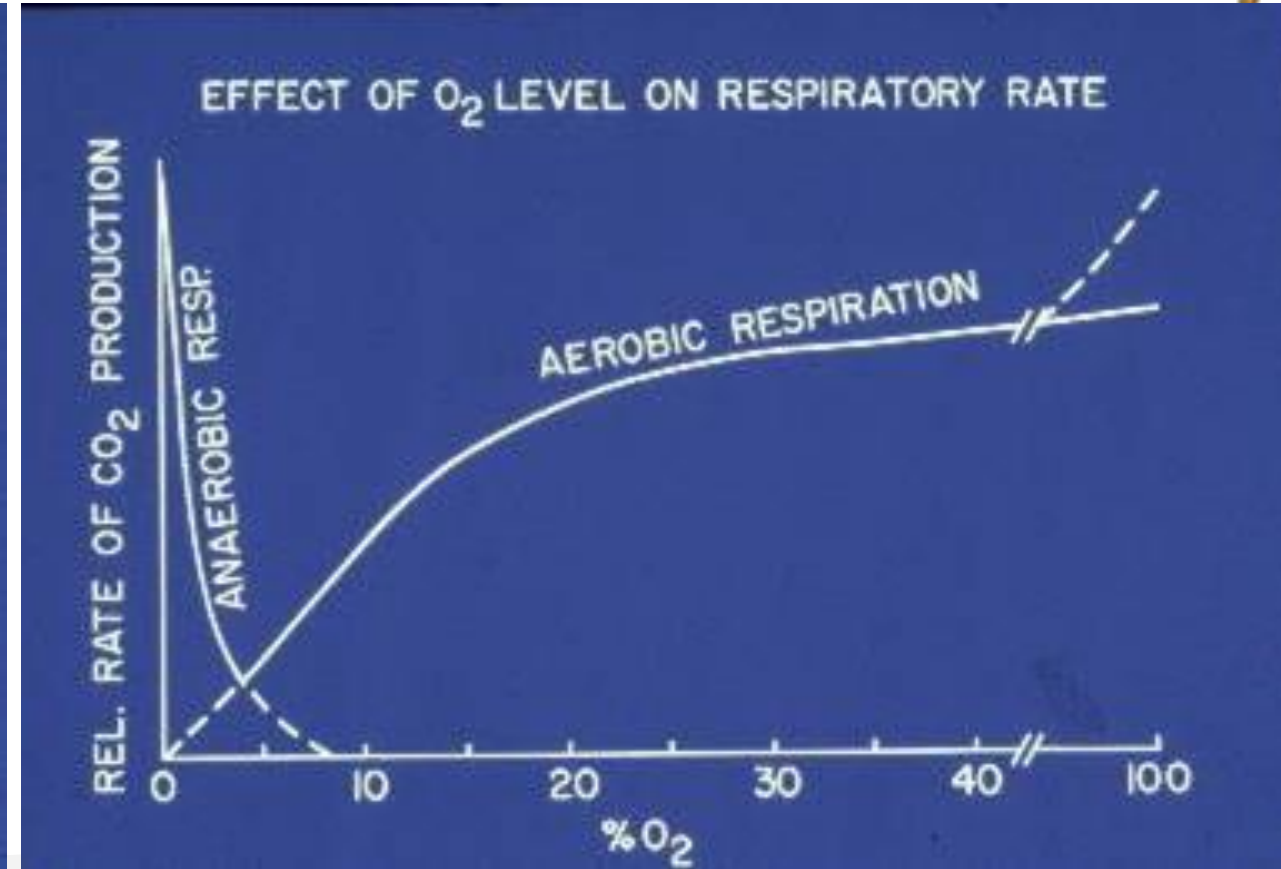
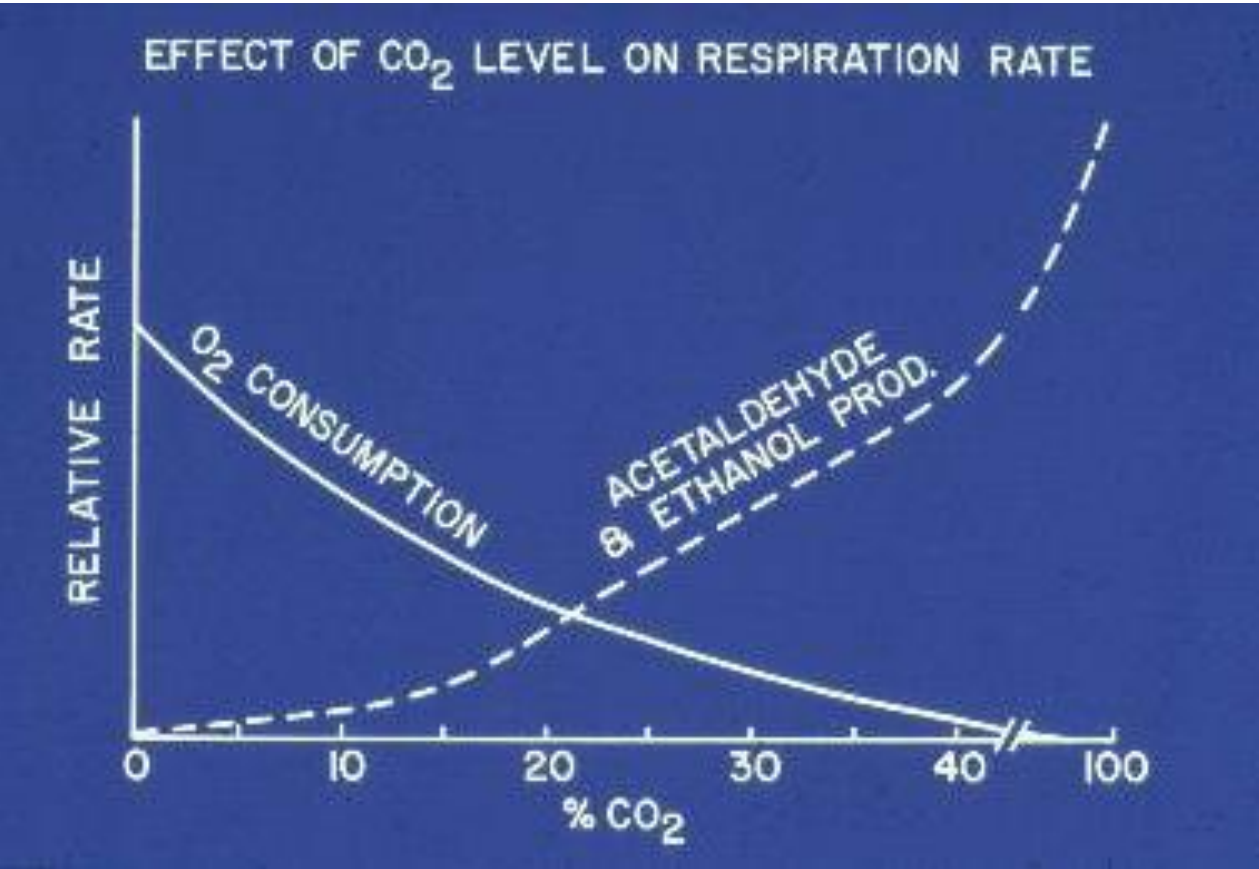
# Atmospheric Concentration Carbon Dioxide

- High CO<sub>2</sub> also reduced respiration
  - Probably by inhibiting decarboxylation during aerobic respiration
- Different commodities vary widely to their ability to tolerate high CO<sub>2</sub> (e.g. lettuce very sensitive vs. strawberries very tolerant)
- As with low O<sub>2</sub> inhibition, if metabolic (ATP) demand is higher than inhibited Krebs cycle and ETS can supply, anaerobic respiration will attempt to satisfy ATP demand





# Relationship Between O<sub>2</sub> and CO<sub>2</sub> Concentrations and Respiratory Metabolism

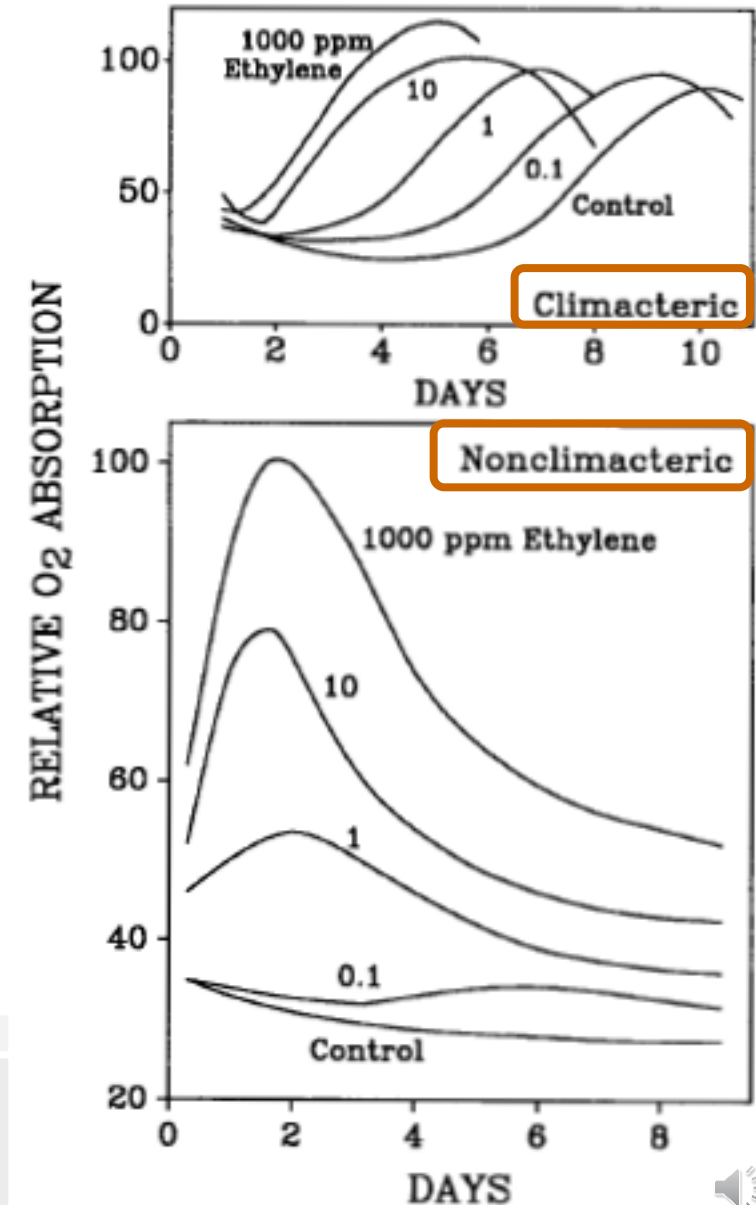


Source: A.A. Kader, UC Davis

# Atmospheric Concentration Ethylene

- Climacteric & Non-Climacteric plant organs differ in their response to ethylene in the environment
- **Climacteric fruit:**
  - Ethylene reduces the time to onset of the climacteric rise (including autocatalytic ethylene production)
  - Concentration of added ethylene has little effect on respiration rate before or during the climacteric

Kays & Paull, 2004, redrawn from Biale

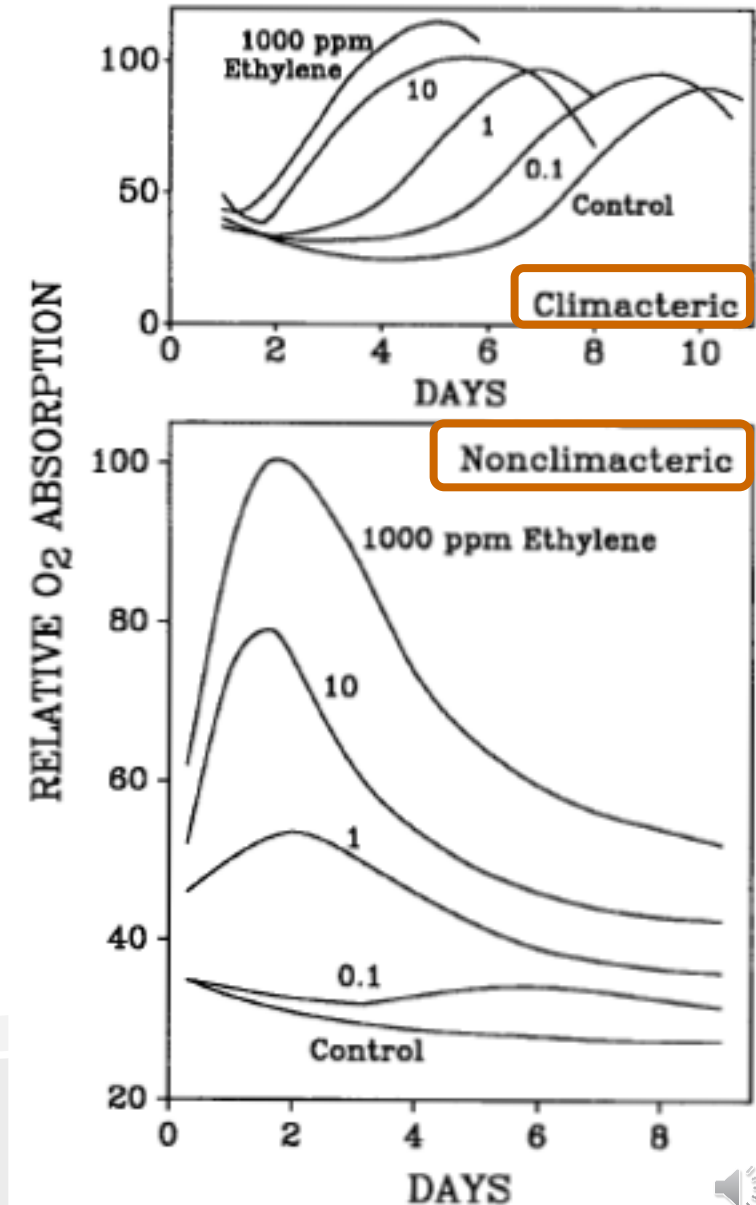


# Atmospheric Concentration

## Ethylene

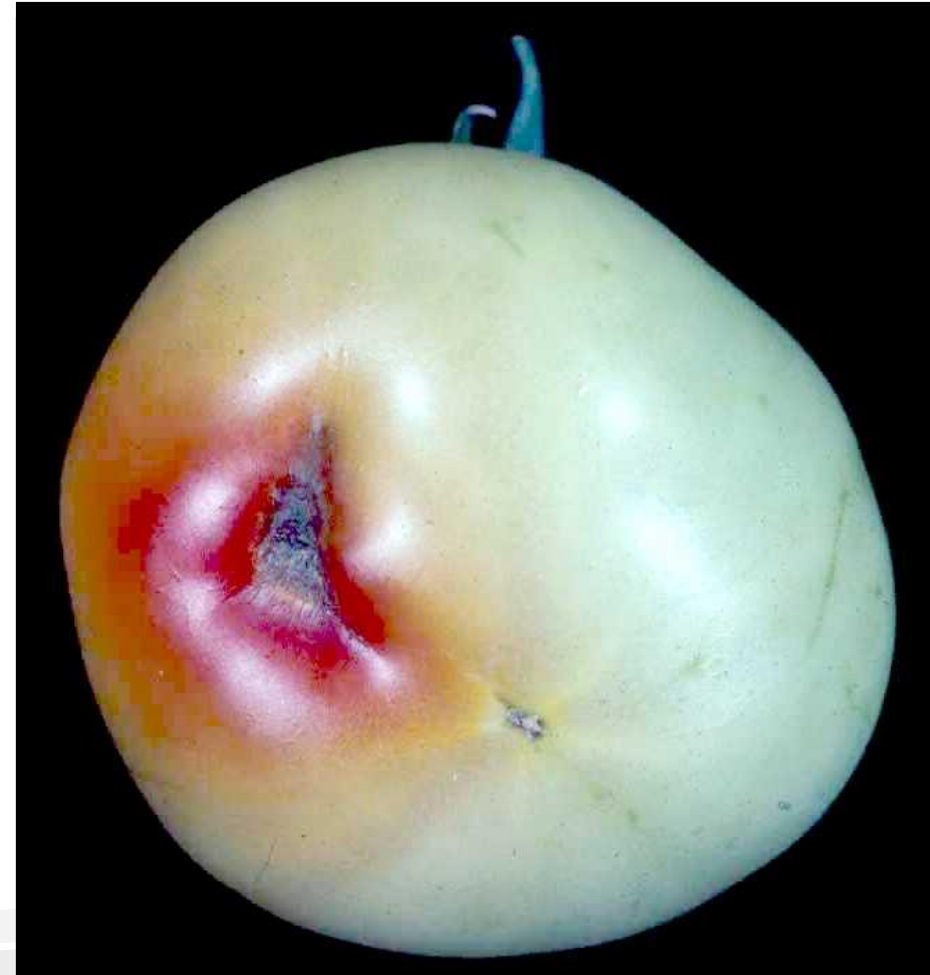
- **Non-Climacteric fruit:**
  - Added ethylene induces a rise in respiration
  - Exposure to greater ethylene concentrations do not change how fast maximum respiration rates are obtained
  - Exposure to greater ethylene concentrations elicit greater rates of respiration
  - Does not induce autocatalytic ethylene production
  - Respiration rates return to normal after ethylene is removed

Kays & Paull, 2004, redrawn from Biale



# Physical Stress

- Any type of physical stress can cause respiration and ethylene production to rise quickly in both climacteric and non-climacteric commodities



Courtesy of Steve Sargent

# Environmental Factors

- Temperature
- Atmospheric composition
  - Oxygen concentration
  - Carbon dioxide concentration
  - Ethylene
- Physical stresses
- Pathogen attack
- Other plant growth regulators
- Light
- Radiation
- Chemical stress
- Water stress

