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Source of Information

Protecting Perishable Foods During Transport by Truck and Rail

OF INAS Formula

IF I



- Moving perishable commodities from the site of production to the site of consumption
 - Before the industrial revolution, these tended to be shorter distances (often local consumption)
 - Land transport by humans and animals
 - Water transport by ships
 - These means of transportation were slow

Transportation

- Industrial revolution
 - Urbanization separated areas of production from areas of consumption
 - Development of faster forms of transportation
 - e.g., the steam engine and railroads
 - -Better refrigeration

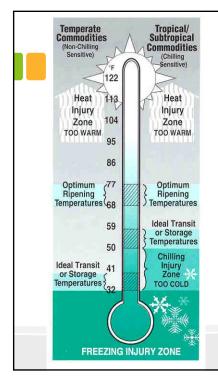


Transportation

- Start with high quality produce
 - –Packed correctly & precooled
- Match the perishability of the commodity with the transportation system
 - -e.g., a product must be able to survive a 4-week journey by ship



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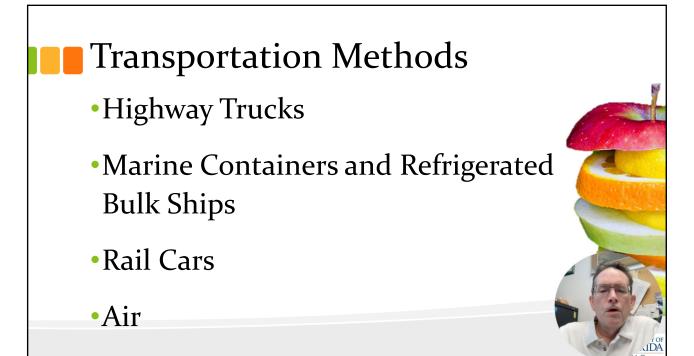


Temperature, Temperature Temperature!

- All products are harmed by exposure to excessively high and low temperatures
- ➤ Temperate commodities should ideally be transported/stored at 32°F to 38°F (o°C-3°C)
- Tropical and subtropical products must be transported at higher temperatures to avoid chilling injury

Courtesy of Patrick Brecht and American President Lines







Transportation Equipment

- >Truck trailers and marine containers
 - ➤ **Top-air or bottom-air delivery**: differ markedly in how the refrigerated air moves and how heat is removed
 - <u>Refrigerated transport equipment is designed to maintain temperature</u>
- ➤ Air transport containers
 - ➤ Usually no refrigeration unit
 - May use dry ice or eutectic mixtures
 - ► Minimal air circulation



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- Types of vehicles:
 - -Smaller refrigerated trucks
 - -Large Tractor-trailers
 - -Trailer on flat car (TOFC)
- Over-the road transport used most commonly



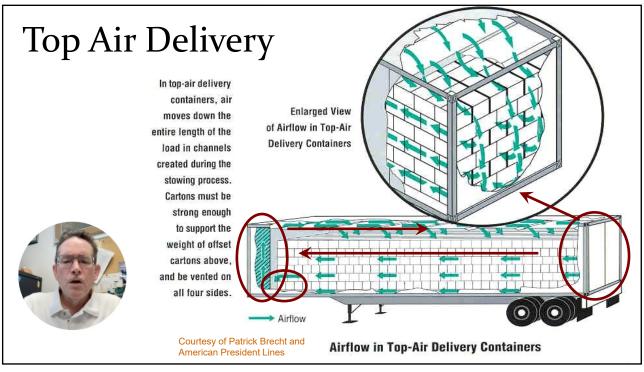


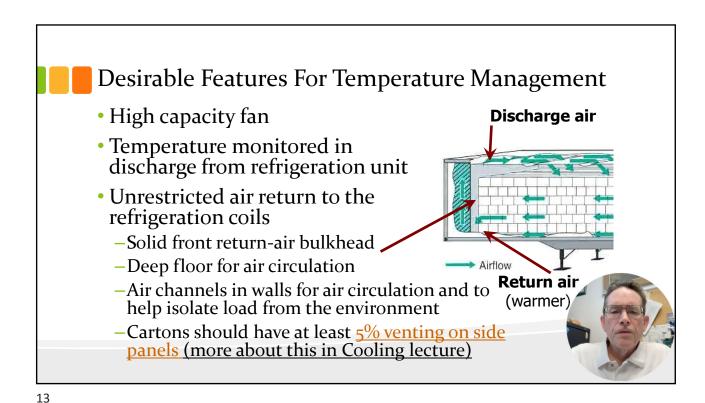
Truck Trailers

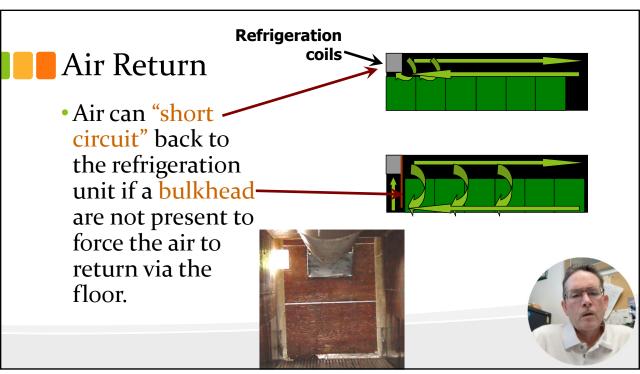
- Trailers often:
 - -102 in (8.5 ft or 2.6 m) wide
 - -40 to 53 ft (12.2 to 16.2 m) long
 - -2,500 to 3,500 ft³ (70 to 100 m³) interior volume
 - -80,000 lb (36,288 kg) gross weight max.
 - Each axle has its own weight restriction
 - -40,000 to 45,000 lb (18,100 to 20,400 kg) load capacity
 - -3.5 to 4.7 ton (12.3 to 16.4 kW) refrigeration capacity can also provide heat)



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Air Return

- Air returning to the refrigeration coils can easily be blocked
- Placing produce on pallets greatly enhances the volume of space for air to return
- -"T-beam" floors, at ~200 in² of air channel, are much better common duct board floors
- -The common duct board floor has only ~47 in² of air channels (97" wide trailer)



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Air Return

- Corregated walls hold cartons of fruit away from the wall better
 - Better cold air flow around the product
 - -More easily damaged than flat walls





Refrigeration Limits

 Most heat removed by the refrigeration system conducts through the walls or is in air that leaks in

-Product in contact with walls is warmer

• In most cases, the top air-delivery in trailers does not provide enough airflow to cool the product – only maintains temperature

-Always cool product before loading

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Refrigeration Limits

•Trailers are rated by the Refrigerated Transportation Foundation based on their refrigeration capacity and insulation

Rating	Min. Temp.
C65	65F (18C)
C35	35F (2C)
F	0F (-18C)
DF	-20F (-29C)



- Relative humidity is usually not controlled
 - -Added water may weaken fiberboard cartons
 - Compromise between carton strength and water loss during transit
 - Water loss can be retarded using liners, wraps, or packages
- Trailers are not air-tight enough to allow modified or controlled atmospheres
 - -MA can still be used at the pallet or package level



Vibration Injury

- The vibration within a trailer as it moves down the road can damage some produce
 - Product over the axels and at the top of a pallet receive the most vibration
 - Immobilizing product in packages can reduce this injury



Vibration Injury

- Vibration can be greatly reduced using air ride suspension
 - More expensive, but also improve driver comfort and reduce tire ware
 - Most long-haul tractors have air ride suspension. So, vibration-sensitive produce should be loaded near the front of the trailer



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Mixed Loads

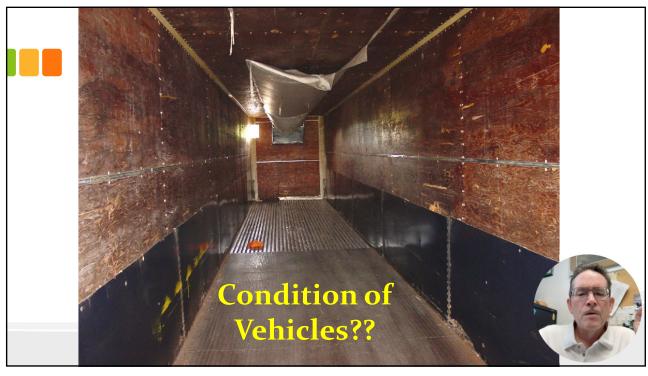
- Compatibilities??
 - -Temperature
 - -Ethylene production vs. sensitivity
 - Ethylene scrubbers may reduce injury
 - –Moisture Compatibility
 - Dry produce (e.g., onions) vs. other produce needing high RH
 - -Odor producers vs. odor absorbers









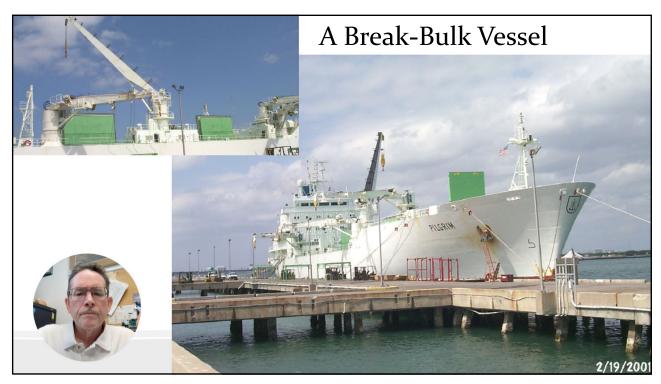


Water Transportation

- More economical for long transport (e.g., 1 to 4 weeks)
- Types of shipping:
 - —Break Bulk produced loaded similar to how a cold storage facility might be loaded (only tighter)
 - Containerized Shipping produce loaded onto containers that are then stacked on/in ships
- MA or CA are possible for both



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Bulk vs. Containers

- Holding capacity:
 - − Bulk: ~ 350,000 packages total (e.g., 40-lb banana cartons)
 - Containers: ~1,000 to 1,500 packages per container times up to 24,000 containers (24-36,000,000 packages)
- Bulk shipping is generally less expensive than containers
 - Bulk containers have large insulated holds with central refrigeration systems
 - Containers = large # of individual refrigeration units
- Containers are easily transported between packinghouse
 & distribution loading docs
 - Fewer transfer steps. Cold chain is not broken





- Containers are often:
 - -96 in (8' or 2.4 m) wide
 - -40 ft (12.2 m) long. 8.5 to 9.5' (2.6 to 2.9 m) high
 - -2,000 to 2,300 ft³ (56.6 to 65.1 m³) interior volume
 - -2.4 to 2.9 ton (8.4 to 10.2 kW) refrigeration capacity. Can also provide heat



Marine Containers

- Road weight limits still apply:
 - -80,000 lb (36,288 kg) gross weight max. & each axle has its own weight restriction
 - -40,000 to 48,000 lb (18,100 to 21,700 kg) load capacity

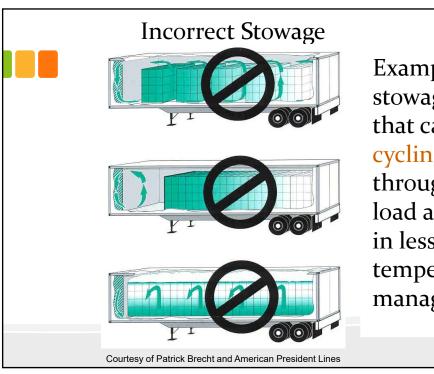




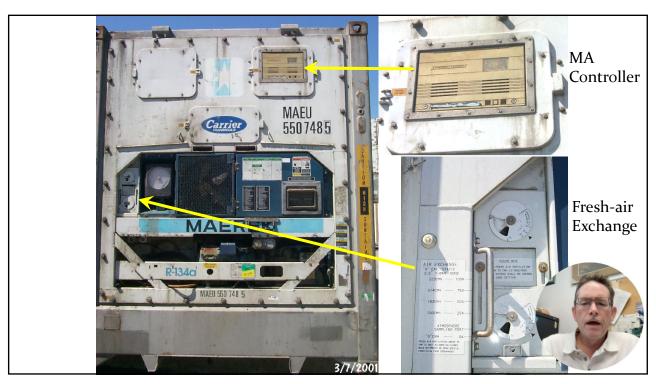
Marine Containers

- With proper loading, so that air is forced through the packages, slow cooling (2 to 4 days) can be achieved
 - -All open floor space needs to be covered.
 - Block open pallet edges
 - -Cartons should have at least <u>3% venting on top</u> and bottom panels
 - -Vents should align even when cross-stacked.
 - Internal packaging should not block air flow



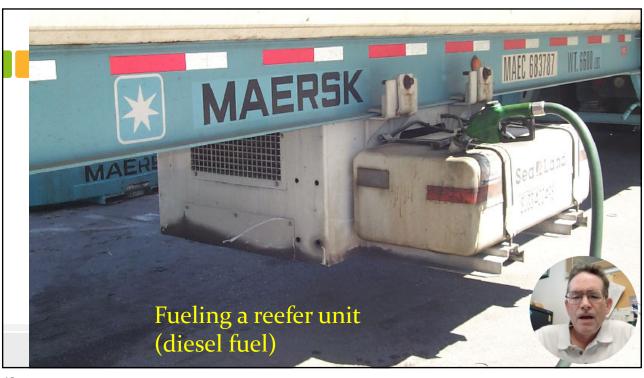


Examples of stowage patterns that cause short cycling of air through the load and result in less effective temperature management









Rail Transportation

- Used mostly for less perishable products (e.g. potatoes, onions, carrots) for long distant transport in North America
- Each car usually contains a single commodity

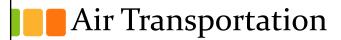






- Rail cars often have:
 - ->4,000 ft³ (113 m³) interior volume. Can haul >100,000 lbs (45 metric tons) of product
 - –Top air delivery
 - Adequate refrigeration capacity and airflow to slowly cool provided the product is not packed to tightly
 - Fairly air-tight. Unintended MA if the drains clog





- Provides rapid transport of perishable products
 - e.g., cut flowers, early season cherries, strawberries, and some tropical fruits
- EXPENSIVE!
- Generally poor temperature control
 - Often no refrigeration & little air flow
 - Handling delays while waiting to be loaded
 - MA difficult even at the package level due to the poor temperature control
- Very low humidity















- Thermostats should be calibrated regularly
- Supply air temperature sensor vs. return air temperature sensors or both
 - -How would loading warm product affect this?
- Ideally, set temperature just above freezing or chilling temperature
 - Newer units with supply air control vary only ~1°F(o.5°C) around the set point
 - Older systems with return air sensing should be set at least 2°F (1°C) above the set point

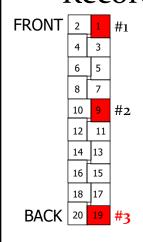




- Measures and controls discharge & return air temperatures
- Documents refrigeration unit performance.
- Optional features
 - -Cargo temperature recording
 - –Upper/lower set-point limits
 - –Atmosphere management (CA & humidity)



Placement of Temperature Recorders



Three temperature monitors:

- 1. Inside the first pallet near the front bulkhead of the reefer unit to detect any occurrences of short cycling of refrigerated air
- 2. Inside a pallet near the center of the load (position 9, 10, 11, or 12) where product heating is most likely to occur
- 3. On the outside rear face of the last pallet at eye level to record air temperature at the farthest point from the reefer unit. *If only one temperature recorder is used, place it here.*

Do not place temperature recorders directly on trailer walls. This may result in elevated readings that do not accurately reflect the air temperature in the load space.



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Quality In:Quality Out

➤ Pre-transit handling and preparation of the products, and the choice of transportation equipment & how it is used dictate the quality, safety, and shelf life after transport

