

# Principles of Packinghouse Food Safety

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# Why is Sanitation Important?

- Unsanitary conditions provide inoculum for decay causing organisms.
  - Increased product loss to decay.
- Unsanitary conditions promote contamination with human pathogens.
  - e.g. Cyclospora on raspberries and lettuce.

## "Guide to Minimize Microbial Food Safety Hazards for Fresh Fruits and Vegetables."

- Buyers are requiring suppliers to follow these guidelines.



#### From "Field to Fork"

- ★ Effective sanitary practices are part of an integrated program from "field to fork."
- Prevent contamination.
  - Once product is contaminated, it is difficult to remove the pathogens.
  - The major source of contamination comes from human or animal feces.

# Possible sources of contamination

- ♣ Foreign materials or debris e.g. metal, glass, wood, etc.
- Nearby or previous loads e.g. frozen or chilled meats.
- From insects, rodents, etc.

# Possible sources of contamination

- recycled water, residual sanitizer or detergent, etc.
- Poor hygiene of handlers (including) inspectors).
- Contaminated water.

# Water

- Use clean, potable water.
  - Know the quality of irrigation water and water used in the packinghouse.
  - Test for bacteria, protozoa and viruses.
  - Sanitize recirculated water systems.



#### Manure & Biosolids

- ★Assure manure or biosolids are properly treated to reduce microbial hazards.
  - Isolate treatment areas away from fresh produce fields.
  - Minimize animal access to fresh produce fields.

# Hygiene

- Encourage sick employees to stay home.
- Cover employee wounds so they do not contact product.



# Hygiene Train employees to follow good hygiene practices. Maintain sanitary, well-supplied toilets and sinks.

## Field sanitation

- Maintain sanitary field and harvest environments.
  - Clean and sanitize harvest equipment, bins and storage containers before use.
  - Provide toilet and handwashing facilities for field workers and harvesters.
  - Handle produce carefully to prevent injury.



# Packinghouses

- - Any errors preharvest, can contaminate clean fruit at the packinghouse.
  - Errors at the packinghouse are amplified.





- Wash dirty fruit outside the packinghouse.



# Packinghouses

- ★ Clean and sanitize packing areas, storage rooms, and equipment. Prime sites for pathogen growth are:
  - Areas that remain wet.
  - Plant debris left on the line or packinghouse floor.





Photo Courtesy of Jeff Brech

# Packinghouses

- Maintain an effective pest control program.



#### Distribution



- Clean, sanitize & check that equipment is in good working order.

#### Distribution

- Watch for incompatibilities of previous or current mixed loads (e.g. with animal products).
- Maintain optimum temperatures.



#### Traceback

- Maintain good records.
  - Traceback will be covered in more detail by Dr. Renee Goodrich later in the program.



For more information see:

http://postharvest.ifas.ufl.edu